



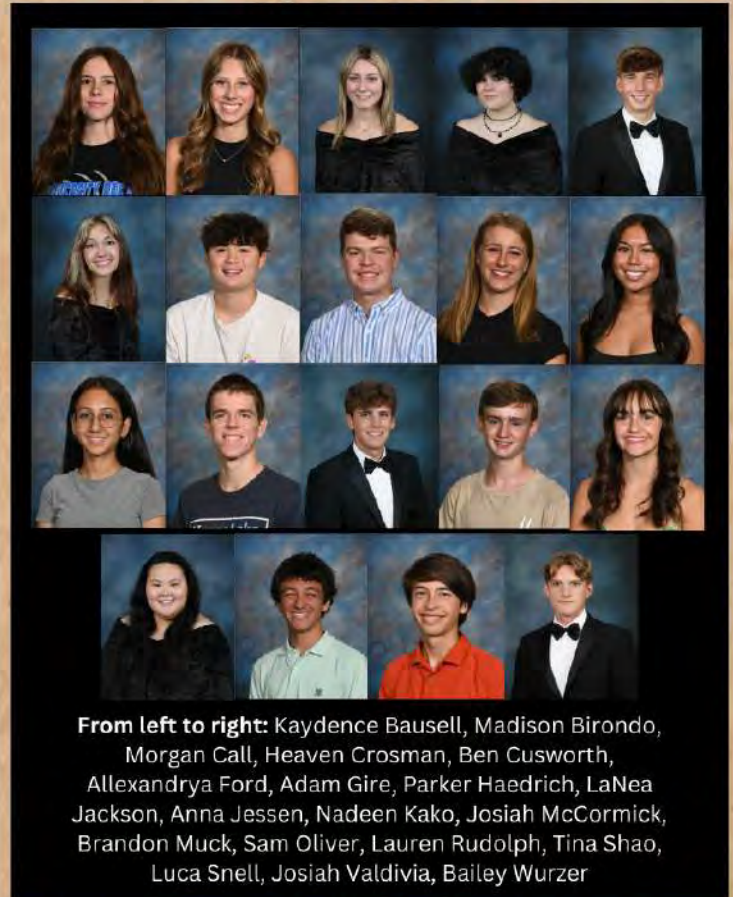
# PANTHER PRIDE

## NOVEMBER 2023

### STUDENTS OF THE QUARTER

*Junior High*

*High School*



### DATES TO REMEMBER

11/1-17	Canned Food Drive
11/6	Early Release 2:21PM
11/10	Veteran's Day (No School)
11/13	Early Release 2:21PM
11/16	UPrep Info Night
11/20-24	Thanksgiving Break
11/27	Early Release 2:21PM



# Homecoming Week Recap



Thank You!

ASB for a   fun-filled week!

NATIONAL YEARBOOK



PROGRAM OF EXCELLENCE

# CONGRATS

UPrep Yearbook for earning **Gold Level**  
in Josten's National Yearbook Program  
of Excellence!

## Think PINK

High School ASB woke up bright and early to  
volunteer at the local Think Pink event and  
had a great time serving our community!



## 8TH GRADE DC TRIP

There's still room to join this year's trip! We currently have 45 people signed up and looking for more travelers to come along and learn about amazing historical places.

Trip dates are June 2-8, 2024. Our last information meeting for those interested in signing up will be on Tuesday, September 12th at 6pm in room 124 (Mrs. Bright's room).

Any questions about signing up for the trip can be emailed to Mrs. Bright at [sbright@suhsd.net](mailto:sbright@suhsd.net).

# FALL CARNIVAL

Our annual Fall Carnival was Friday, October 27. There were over 30 booths and 200 students/families that attended. Many students dressed up in amazing costumes and had fun playing many different games. Way to show up Panthers and support our school clubs!



## 8th Grade to Simpson University

ON OCTOBER 16TH, U-PREP 8TH GRADERS TOURED SIMPSON UNIVERSITY. THEY LEARNED ABOUT THEIR ADMISSIONS PROCESS AND FINANCIAL AID OPPORTUNITIES AS WELL AS WHAT PROGRAMS THEY OFFER.



# 20 years

CROCS, SOCKS  
OR BIRKENSTOCKS



# VAPPA



Students from our Strings and Drum Corp classes provided live music for the cake walk at the Fall Festival and did a wonderful job!

# Dance



The Uprep Dance Team was thrilled that the month of October brought multiple opportunities to perform! The team performed at both Homecoming rallies, and at the homecoming varsity halftime with both their kick routine and the 2nd annual combined routine with the cheer team!

So much fun!!

The Dance Team loved being able to recognize and honor their 13 talented seniors on Senior Night as well as performing a high energy pom routine at the varsity halftime game. It's going to be such a fun season with this team!

The Uprep Dance Department has officially started choreography for their annual Just Dance Performance in March. The teachers spend a lot of time picking out music, creating choreography for all of the classes, and will soon start ordering costumes! Make sure to **SAVE THE DATE** for this performance, March 7th - 9th. More details to come!

# ATHLETICS



## CHEER

This football season has been a rewarding one. Last Friday we celebrated our seniors at the last home football game. Our seniors Josie Adams, Karina Alejandro, Morgan Call, Mia Cox, Jazlyn Manfredonia, Aidan Moore, Ella Patten and Alana Turgieva are a huge part of our program and they will be missed.. Even though our football season is coming to an end, we are shifting and gearing up for our competition season and basketball seasons.



# VOLLEYBALL

Panther Volleyball kept the tradition alive securing their 4th Section title in just as many years. The team also just won their first round of State Playoffs in an exciting game vs Big Valley Christian and are headed to Grass Valley for Round 2! Good Luck girls!



# ATHLETICS



## Swim

Congratulations to the UPrep swim team on another great season. We had late night practices, early morning practices, and worked really hard to achieve many successes as a team. The team had it's 2nd annual movie/game night and it's 9th annual Panther Lap Challenge. The team fundraised enough money to purchase a record board that will be hung in the Stuart Gym.

### SEASON REVIEW

- NAL Championships
- JV and Varsity girls 2nd place
- JV and Varsity boys 1st place
- Division championships
- Varsity girls 3rd place
- Varsity boys 1st place
- UPrep as a Team 1st place

# CROSS COUNTRY

Cross Country ended their season with a fantastic showing at the NAL Finals. Our Panthers brought home 22 Personal Best performances- the fastest paces they have ever run!

Varsity Girls All League  
- Isabella Stephenson - 9th

Varsity Boys All League  
- Noah Gaido - 3rd  
- Seth Austin - 4th  
- Noah Gaddy - 7th  
- Frankie Nigro - 8th  
- Caleb Robinson - 9th

Many of our Varsity Panthers earned All League Honors by finishing in the Top 10.

Final NAL Team Standings  
- Varsity Girls: 2nd  
- Varsity Boys: 2nd  
- JV Girls: 2nd  
- JV Boys: 1st

Congratulations to the JV Boys for winning the NAL Team Championship in an epic battle where the boys overcame West Valley by just 1 point.

# ATHLETICS



# FOOTBALL

Panther Football clenched the NAL League title with an undefeated (6-0) season in league. Varsity players and coaching staff participated in their Annual Senior Dinner to celebrate 14 UPrep Senior players. It's a special tradition for UPrep, originating with Coach Trueblood and carried forward with Coach Fortenberry. They face CV in game 1 of Section playoffs this week. Good Luck!



## ALPINE SKI & SNOWBOARD

Alpine Ski and Snowboard  
High School Race Team  
Parent meeting is Nov 9th  
6pm  
Room 124





# COMING SOON



12K's  
OF CHRISTMAS  
& 2 Turtle Dove Mile

Register @  
[www.runsignup.com](http://www.runsignup.com)

Coupon Code:  
[uprepchristmas](#)

Thank you for supporting  
UPrep Cross Country

RunSignup  
Midnight Racing



12K's  
OF CHRISTMAS  
& 2 Turtle Dove Mile

December 9, 2023  
Lake Redding Park  
9am

Races: 12K Run  
2 Mile Run/Walk  
[www.midniteracing.net](http://www.midniteracing.net)  
530-526-3076

# COUNSELLING CENTER

PSAT Score Reports  
Coming soon! Students  
can access their scores  
in the BigFuture School  
mobile app if they  
provided their mobile  
number during testing  
for access to the app.



# SEPA



## **SEPA is Unraveling the Mysteries of Italy and Spain in 2024!**

Are you ready to embark on a journey that will take you through time, unveiling the captivating connections between two of Europe's most enchanting countries? Join us on an adventure like no other, where history, culture, and culinary delights collide in a mesmerizing fusion of past and present.

### **Explore the Enigmatic Past:**

Ever wondered why the Spanish Steps gracefully adorn the heart of Rome, or how Madrid and Barcelona boast Roman influences that have withstood the test of time? Dive deep into the intertwined histories of these Mediterranean gems, and you'll discover a world of fascinating connections waiting to be unveiled.

### **Immerse Yourself in Art and Architecture:**

From the awe-inspiring Piazza Navona to the whimsical wonders of Park Güell, your journey will be an artistic revelation. Witness the grandeur of the Colosseum and be spellbound by the masterpieces within the Sistine Chapel. Our expert guides will provide you with fresh perspectives on the rich tapestry of Europe's history and heritage.

### **Savor the Flavors of Tradition:**

Culinary delights await as you taste your way through Italy and Spain. Savor the mouthwatering flavors of pasta, paella, tapas, gelato, and churros, all while immersing yourself in the local customs and traditions that have been cherished for generations. There's no better way to experience the essence of a culture than through its cuisine.

### **Connect with Fellow Explorers:**

This isn't just a trip; it's an opportunity to make lasting connections with fellow adventurers who share your passion for exploration. Bond over the wonders you'll discover, the flavors you'll savor, and the memories you'll create together.

### **Your Adventure Awaits:**

Don't let this unique opportunity pass you by. Unravel the mysteries of Italy and Spain, and return home with a treasure trove of memories, knowledge, and friendships that will last a lifetime.

### **Reserve Your Spot Now:**

Seize this chance to discover the enchanting ties that bind Italy and Spain. Secure your place on this extraordinary student travel experience today, and get ready to be captivated by the beauty, history, and culture of these two remarkable nations. Contact Mrs. Isheim at [cisheim@suhsd.net](mailto:cisheim@suhsd.net) for more information.

University Preparatory Proudly Presents  
Our 20th Musical Production

Disney and CAMERON MACKINTOSH'S

# MARY POPPINS

THE BROADWAY MUSICAL

©Disney/CML

PURCHASE TICKETS:  
[UPREPMUSICAL.ORG](http://UPREPMUSICAL.ORG)  
OR AT THE DOOR

NOVEMBER  
10, 11, 17, & 18

7PM EVENINGS  
2PM SAT MATINEE

\$20 ADULT  
\$10 CHILD/SENIOR

DAVID MARR AUDITORIUM  
2200 EUREKA WAY



DIRECTED BY  
M. ROMNEY CLEMENTS

MUSIC DIRECTION  
BRAD FOWERS

CHOREOGRAPHY  
MARISSA KINNEAVY

ASSISTANT DIRECTOR  
BRIGID DEMPSEY

A Musical based on the stories of P.L. Travers and the Walt Disney Film

Original Music and Lyrics by  
Richard M. Sherman and  
Robert B. Sherman

Book by  
Julian Fellowes

Co-Created by  
Cameron Mackintosh

New Songs and Additional Music and Lyrics by  
George Stiles and  
Anthony Drewe

Is presented through special arrangement with Music Theatre International (MTI).  
All authorized performance materials are also supplied by MTI.  
[www.mtishows.com](http://www.mtishows.com)

# University Preparatory School 2023-24 School Calendar

July 2023						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

1st Quarter Ends:      October 13      42  
 1st Semester Ends:    December 21    42  
 3rd Quarter Ends:      March 15        43  
 2nd Semester Ends:    May 30          48

**Student Attendance Days (175)**

**Minimum Days**

**Finals**

August 2023						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

September 2023						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December 2023						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2024						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**ACADEMIC CONF. WEEKS**  
SEPT. 20-21, FEB. 28-29

HOLIDAYS/RECESSES	
Labor Day .....	Sep 4
Veteran's Day Holiday .....	Nov 10
<i>(by law must be Nov 11 if a weekday)</i>	
Thanksgiving Break .....	Nov 20-24
Winter Break .....	Dec 21-Jan 8
Martin Luther King Day .....	Jan 15
Washington Day observed .....	Feb 19
Lincoln Day observed .....	Feb 20
President's Week .....	Feb 19-23
Spring Break .....	April 1-5
Memorial Day .....	May 27
<i>Thanksgiving - November 23</i>	
<i>Easter - March 31</i>	

CERTIFICATED DATES	
School Starts: August 16	
School Ends: May 30	
Staff Work Days	○      Aug 15, Dec 21 May 31, June 3
Staff Development Days	△      Aug 14 Jan 8
Snow Day Makeup: May 31	
<i>(if snow day makeup is used, then May 31 work day will be moved to June 4)</i>	